

# In June

## TASK OF THE MONTH

### Stay cool wisely

**Adjust your thermostat to save energy and money:**

**Set your thermostat for comfort when home but turn it up when away.**

**To keep cool on a hot day:**

- Run a fan in the room you're in.\*
- Dress for the weather.
- Drink cool liquids.

*\*Ceiling fans help you feel cooler. but turn them off when you leave the room!*

They just "stir" the air.



**Take advantage of cooler nighttime temperatures:**

- On cool nights, use a window fan to exhaust hot indoor air, pulling in cooler outside air.
- In the morning close windows, blinds and curtains to keep out the sun and hold in the cooler air.
- If you need to reduce humidity, run the AC early in the morning.



**Install a programmable thermostat**

It's an easy way to save energy and money. They allow you to set your home's temperature for different times of day, different days of the week, and when you are away for long periods.

**Local utilities have discounts on programmable thermostats:**

**CenterPoint Gas**



<https://centerpointenergyinshop.com/>

**Duke Energy Indiana Savings Store**



<https://www.duke-energy.com/Home/Products/Savings-Store>

**And when you replace an old HVAC system, get an efficient electric heat pump!**



They are like two-way air conditioners that efficiently heat and cool your home.  
<https://tinyurl.com/9fzmcjtw>



*Earth Care Bloomington*

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